

WILD WATER KAYAK CLUB COVID-19 PROTOCOL

This document outlines the protocol which must be followed by all Wild Water Kayak Club (WWKC) members during the ongoing Covid-19 pandemic. The protocol has been developed in line with public health guidelines. The protocol is intended to ensure the safety, health and welfare of all members. Failure to comply with the protocol may result in disciplinary procedures in accordance with the WWKC Constitution.

Club Premises

[1.1] Members must inform the Executive Committee (<u>executive@wwkc.net</u>) of any planned attendance at the club premises. This information will be retained for the purposes of contact tracing.

[1.2] Members must maintain social distancing at all times while on club premises.

[1.3] Members must sanitise their hands on arrival at the club premises.

[1.4] The clubhouse will be unavailable to members unless prior approval has been given by the Committee. Members should arrive pre-dressed for kayaking or change outdoors within the club premises.

[1.5] Members accessing the clubhouse must maintain social distancing while in the clubhouse and must implement strict hygiene protocols. The hygiene protocols involve disinfecting the contact points before entering and on leaving the clubhouse (door handles, exit button) and spraying the clubhouse with disinfectant before entering and on leaving the clubhouse. A sprayer and disinfectant tablets (Milton) will be made available for this purpose. Gloves and masks are available in the clubhouse.

<u>Club Equipment</u>

[2.1] Only two persons are allowed in the boat shed at any one time for the shortest period possible and must try to maintain social distancing while in the boat shed.

[2.2] Members borrowing club equipment are responsible for ensuring the safe removal, cleaning and return of the equipment.

[2.3] The club equipment (boat, paddle, helmet, buoyancy aid and spray deck) must be sprayed with disinfectant before use and after use. A sprayer and disinfectant tablets (Milton) will be made available for this purpose.

Club Activity

[3.1] Members borrowing any club equipment are treated as partaking in a club activity.

[3.2] Members must submit a Member Declaration Form a maximum of 3 days before a club activity and every 14 days thereafter. Declarations should be submitted to the Executive Committee (executive@wwkc.net). Members must not attend a club activity if showing any signs of symptoms of Covid-19 in the previous 14 days. The member must provide contact details on the Member Declaration Form for the purposes of contact tracing.

[**3.3**] A Risk Assessment Form must be completed by a group leader/co-ordinator in advance of a club activity.

[3.4] An Attendance Sheet must be completed by a group leader/co-ordinator at a club activity. The details on the Attendance Sheet should be submitted to the Executive Committee (<u>executive@wwkc.net</u>) as soon as practicable after a club activity.

[3.5] Members should arrive at the club premises as close as possible to the designated time. Members should not congregate at the beginning or at the end of a club activity.

[3.6] Self-rescue is the advised option; however, an assisted-rescue can take place with an understanding and awareness of the potential risks.

Club Members

[4.1] Members must maintain social distancing at all times – on club premises, on the bank and on the water.

[4.2] Members must not engage in paddling or attend the club premises if showing any signs of symptoms of Covid-19 in the previous 14 days. If a member feels unwell, the member should self-isolate and consult a General Practitioner.

[4.3] Members must implement good hand hygiene and respiratory hygiene (covering their nose and mouth when they cough or sneeze) at all times.

[4.4] Members are responsible for bringing their own sanitiser. Members should carry sanitiser while on the water. Regular sanitising during a club activity is recommended.