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Wild Water Kayak Club, Dublin

Junior Paddlefest



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What is it:	It's a weekend away for all juniors where they get the chance to try out all the main kayaking disciplines – in a safe and friendly environment.
When is it on:	September 24 th and 25 th (<i>Registration is 8.00 – 9.00 on Sat but many people arrive on Fri 23rd</i>)
What Aims:	There are a few aims including: <ul style="list-style-type: none"> • Introduce the juniors to different kayaking disciplines. • Improve paddling skill. • Increase participation levels in competitive disciplines • Expose juniors to coaches. • Develop a medium for the future growth of junior members in clubs. • Enjoyment and Fun
Where is it:	Hidden Valley Camping and Caravan Park – Rathdrum. This is a camping and caravan park, with a small lake in the middle and the Avonmore river beside it. The park has a small number of chalets – otherwise tents, caravans or (the lucky few!) a Motorhome. It also has a play area for smaller kids and other facilities
Who is for – Juniors	All juniors aged between 10 and 18 All participants must be current members of ICU. All juniors should hold Level 2 qualification. If juniors don't have Level 2 then Club Leader will be expected to confirm that they are of ICU Level 2 proficiency standard. There will also be some paddling activities (on the lake) for Juniors aged between 8-10/who do not meet the Level 2 requirement.
Who is it for – Clubs	Any club with junior members who would like to participate and who will agree with, and follow, the overall Aims and approach involved.

How Many Juniors?	<p>There is no limit on how many juniors any one club can enter, however we have an upper limit for the number that we can cater for.,</p> <p style="text-align: center;"><i>Pre registration is essential</i> <i>Places are booked on a first come basis.</i> <i>Deposit or full payment secures booking</i></p>
What else:	<p>Conditions of involvement include:</p> <ul style="list-style-type: none"> • Each club is responsible for their own juniors • A parent/guardian will be identified for each junior. • Parents/guardians are responsible for the behaviour of juniors at all times – both on and off the water • Participants are responsible for their own food and accommodation and any expense incurred. • Club representatives, parents and guardians will help with coaching, supervision, transport and similar activities where necessary. • Club representatives will bring as much equipment (competition boats, GP boats, buoyancy aids, paddles, helmets etc) as possible and that equipment will be shared/loaned where necessary (make sure it is marked) * lunch will be provided on both days*
	Coaches/Instructors will manage juniors on the water but parents/guardians/supervisors take over when they are off the water
What Disciplines:	As many as we can - initial plan is to cover: WWR, GP, Polo, Sprint/Marathon, Slalom and Open Canoe.
How Organised:	<p>Lar Burke will be responsible for overall organising/logistics etc Paul Donnelly will be responsible for all coaching, training and on-water activities.</p> <p>A Head Coach will be appointed for each discipline and there will be a number of Asst Coaches to help ensure each discipline runs smoothly.</p> <p>Grateful thanks to the following;</p> <ul style="list-style-type: none"> • Wild Water Kayak club • Irish Canoe Union. • National Polo Committee. • Slalom Committee. • White Water Committee. • Marathon Committee. • Sprint Committee.
Anything Else	<p>NO junior are allowed leave camp at any stage over weekend – without permission.</p> <p style="text-align: center;">No juniors are allowed to consume alcohol</p>
Cost	<p>€40 per junior, family €70 - cost covers activities only.</p> <p>Accommodation arrangements and costs to be sorted out directly with Hidden Valley Holiday Park authorities Tel: 086 727 2872</p> <p>Participants may choose to seek accommodation elsewhere – the Park authorities advise the closest B&Bs are Jacobs Well and Stirabout.</p> <p>A day/weekend charge will be levied by the park for those not staying on site.</p>

How it will run.....DRAFT Subject to change

	Friday 23rd September	Saturday 24 th September	Sunday 25 th September
			Sunday times will run approx one hour earlier than Saturday
Morning		Registration	Helpers briefing
8.00-9.00		Coaches/instructor briefing	WWR, Sprint, Slalom, Polo, GP, Open Canoe
9.00-9.15		Helpers briefing	
9.15-9.30			
10.00-11.30		WWR, Sprint, Slalom, Polo, GP, Open Canoe	WWR, Sprint, Slalom, Polo, GP, Open Canoe
12.00-13.30		WWR, Sprint, Slalom, Polo, GP, Open Canoe	Lunch
13.30-14.30		Lunch	WWR, Sprint, Slalom, Polo, GP, Open Canoe
14.30-16.00		WWR, Sprint, Slalom, Polo, GP, Open Canoe	Presentation of Certs
Evening			
7.30-9.00		Evening activity	Go home and rest
8.30-10.00	Registration Helpers, Instructors arrival and set-up		

- All disciplines will run – all of the time
- Juniors will be split into different groups and will be moved across disciplines – to make sure each gets an opportunity to try all disciplines
- Juniors coming from specialist clubs will be steered away from that particular discipline
- We hope to arrange some specialist clinics for older/more qualified juniors this year – subject to numbers and availability of coaches.
- Activities will be planned (particularly) for younger juniors for Sat evening

Extras

If your group have any awards or certificates to present, they can be presented over the weekend.

We are also trying to allow for some level 2 proficiency assessments, (ICU certificate charge extra)

Please contact Paul Donnelly or Lar Burke for further details

Paul's contact details: pdonnelly@greatoutdoors.ie tel: 087 247 7927
Lar's contact details: burkelar@gmail.com tel: 087 822 7120

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